

FOR IMMEDIATE RELEASE

New LWDH Sports Medicine Clinic to open September 5th

Kenora, ON, September 3rd, 2025 – A new Sports Medicine Clinic will soon be available in Kenora for patients from throughout the region in need of Musculoskeletal (MSK) care. This new service will be delivered by the Lake of the Woods District Hospital, specifically through the Rehabilitation Department.

The one-day per week Clinic will be led by Dr. Saba Saberi, who recently joined our local medical community and brings with him extensive knowledge and a passion for sports medicine.

Access to the Clinic is through physician / primary care referral only, with the first clinic day being Friday, September 5th. Broader than sports related injuries, the Clinic is for anyone with musculoskeletal health issues (muscles, bones, joints, and connective tissues). Patients can now speak to their family physician / primary care practitioner about a referral.

Currently, patients needing MSK care have limited options. Those who are able, choose waiting in the MSK clinic in Winnipeg. Others simply go untreated altogether. Dr. Sven Pedersen, LWDH Rehabilitation Department Service Lead, is confident offering this service will ensure timely access to care, better use of imaging resources and specialists, reduce ER use, and will mean less travel for care. He explains “Access to this new service helps with accurate MSK diagnosis and accurate guidance on what conditions need time and/or rehab, and what conditions need referral on to Orthopedics or other specialties.” Other services available through the Clinic include providing care for difficult return to sport or return to work issues, and injections for any MSK/joint conditions. “A community with this type of service ultimately offers a much smoother pathway towards appropriate care.”

Dr. Saba Saberi was recruited to Kenora through the new Rural Generalist model. He completed his orthopedic surgery residency in Iran, where he practiced in both hospital and community settings. His passion for sports medicine also led him to work as the team doctor for a professional soccer team in the Iranian Premier League. After relocating to Canada, Dr. Saberi completed his licensing exams and began practicing in Winnipeg and Fort Frances.

Cheryl O’Flaherty, LWDH President and CEO shares “We are extremely pleased that Dr. Saberi has chosen to join Kenora’s team of dedicated health care professionals and are excited to have him providing care in an area he is so passionate about. We are certain this Clinic has the potential to improve many patient experiences and healing journeys.”

Anyone without a family physician or primary care provider can call the Sunset Country Family Health Team (SCFHT) at 807-468-6321 to make an appointment (must have a valid OHIP card

and be from the Kenora catchment area). SCFHT has a limited number appointments available every week. If you don't have a health card go to anhp.net/ohip to get your card today!

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