



Lake of the Woods District Hospital
SURGICAL SERVICES

INSTRUCTION SHEET

FLEXIBLE SIGMOIDOSCOPY PREP

PATIENTS, PLEASE NOTE:

**You are responsible to obtain and do your own enema
1 hour prior to your arrival at the hospital.**

1. **Dulcolax tablets** – take three (3), by mouth the evening before your procedure.
2. **Fleet enema** – one (1) hour prior to your procedure.
3. Note that you are allowed to eat during the prep for the procedure.

Thank you,

Dr. H. Hristov
Dr. B. Wykes